Anusha stresses promotion of e-education

The Minister of State for IT & ain of digital health system. Telecom Anusha Rehman has



said that e-content developers should focus upon the development of verified e-content to educate and facilitate mobile users particularly in the dom-

She stated this while talking to Mike Bailey, a country representative of USAID sponsored Powering the digital health providers, who called on the minister at her office. Federal Secretary IT Rizwan Bashir Khan, Additional Secretary IT and Members Telecom & IT were also present in the meeting.

First-ever cycling lane

Constitution Avenue.

Mayor Anser Aziz said that it is our top priority to provide recreational facilities to the citizens and more cycling lanes



would be made at important roads of the city.

He said that Islamabad has become the first city of the country and 101st city in the world by signing Islamabad Green Charter to adopt UN Urban Environmental Accords. Under Islamabad Green Charter Action Plan Islamabad would be made more beautiful and cycling lane to be established at each new road.

CDA chairman said that exis- ivities.

ting infrastructure has been used for this cycling project especially for youth and children. Cycling is a healthy as well as environmental friendly activity, he said and sought the cooperation of media and other stakeholders for extending this project.

Prime Minister's Focal Person on Green Pakistan Syed Rizwan Mehboob said that practical step has been taken towards environment friendly Islamabad.

Mayor Islamabad Sheikh Anser Aziz and the people from various fields of life including media also rode bicycles from D Chowk to Foreign Office and later towards Serena Chowk. It was told that cycling lanes are being stretched at Kohsar Market and Jinnah Super while planning is underway for such lanes at F9 Park and Metro Stations. Deputy Mayor Islamabad Riffat Javed said that IMC is committed for promoting health act-

Bed & Breakfast

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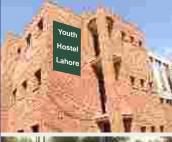
Pakistan Youth Hostels Association



Islamabad, Lahore, Peshawar, Bhurban

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Karachi Youth Festival restores youths' faith in city's lights

The 10th annual youth festival, which is organized every year by the Karachi Arts Council ended with a resolve by the vouth to restore peace and calm of the city and to make it once again a city of lights and delights. The festival that had all the ingredients of a successful event attracted a large chunk mostly below 30. They enjoyed, danced, sang and



rocked to the melodies of the

The chairman of the Festival Committee, Muhammad Ahmed Shah, said that over 20.000 children had participated in the latest festival's Shah and his team, the Karachi art and photography exhibitions. "We want the Arts Council to be a platform for singers, musicians and dancers from among them."

"The obscurantists," he said, "want the children to sink into darkness and just equip them with lethal arms. We want to groom their budding talent and make them grow up into accomplished people," he said. Congratulating Ahmed Commissioner, in his speech, lauded his efforts and said that art and culture were the life of a society. "Without these, society is dead."

Mewsletter of Mouth

Pakistan Youth Hostels Association

Publicize your mountains to secure tourism industry

ism is all about mountaineering, hiking and mountainrelated adventures and Pakistan being a home to highest peaks and mountains including the second highest mountain remember those majestic peak of the world, K2, can

Around 20pc of the world tour- 1958-59 when as a college boy he happened to go on an excursion trip to Swat and to the mountainous regions of Chitral and Kafiristan. "It is a story of past but I can still mountains, streams, rocks and

to discover mountains' intrinsic beauty. There are told and untold stories one can find among the mountains, she said and one should always be looking forward to enjoy their company. She reminded of Samina Baig Mirza world

to represent SCO as brand manager The first Muslim mountaineer to have climbed the Mount Everest, Samina Baig has signed a contract with Special Communications Organization



PYHA Ambassador

Samina Baig

(SCO), a telecom operator in Azad Jammu & Kashmir and Gilgit Balitistan to represent the organization as its brand ambassador.

SCO has acknowledged the contribution of the great female mountaineer of Pakistan and selected her to promote SCO's promotional activities during various media activities/events in any part of the country including Azad Jammu & Kashmir and Gilgit Baltistan.

Samina Baig and his brother Mirza Ali Baig are the ambassadors of the Pakistan Youth Hostels Association.

exploits its mountain treasures to attract as many guests and tourists as possible.

National Secretary of the Pakistan Youth Hostels Association (PYHA) and former ambassador Qazi Humayun said this while welcoming the guests the PYHA to celebrate the International Mountain Day here Tuesday. A large number of mountain lovers, adventurers, youths representatives and students attended the ceremony. Ambassador Humayun reminisced good old days of

day and still cherish those memories," said Mr Humayun. He also shared his days spent in Italy as a diplomat. There, he said he came across many Italian adventurers and mountain-eers who were simply in at a ceremony organized by love with Pakistan's mountains. He urged the parents to take their children to such awe-inspiring places and seek fun and recreation there.

meadows as if it were yester-

Fareha Yusuf Students Adviser Beaconhouse School System also spoke on the occasion and called upon the audience

man in the world to ride cycle on 4,500 meter high Biafo Glacier in the Karakoram Mountains of Gilgit-Baltistan. Samina Baig Mirza is also an ambassador of the Pakistan Youth Hostels Association and is a role for the Pakistani girls. said Fareha Yusuf.

renowned mountaineer who

has scaled seven peaks of the

world and earned name and

fame internationally as the first

female Pakistani mountain-

eer and Samar Khan first Pak-

istani cyclist and the first wo-

Continued on page 3

Pakistan Youth Hostels Association: Shaheed-i-Millat Road, G-6/4, Islamabad, E-mail: pyha@comsats.net.pk, pakistanyouth.hostel@gmail.com, www.pakistanyouthhostels.net

International Peace Day celebrations at PYHA Sleep for Peace

The Pakistan Youth Hostels Ass- They were of the view that ociation (PYHA) also organized the day at its Islamabad headquarters which was parti-

one can better one's life only when peace prevails in society. In absence of peace, it is hard



cipated by a large number of intellectuals, students, particularly youth.

This year's theme for the Wor-

to live a smooth, comfortable life. They commended the PYHA initiative to celebrate the day and while commenting on the



Id Peace Day was "Sleep for Peace." Celebration of the Peace Day at the youth hostel is quite appropriate, as youths are the real agent of change and can bring peace in our lives by living with youths of other regions under one roof. PYHA being part of an international organization promotes among its members intercultural understanding, nonviolence and sustainable tourism through a series of activities and events in the youth hostels.

While addressing on the occasion, the speakers inter-linked peace and sustainable development saying both could be achieved by eradicating poverty, social and racial discrimination, intolerance, ignorance and other social evils from society.

slogans 'Sleep for Peace' said it is a global initiative by Hostelling International which reinforces the message that "youth hostelling contributes to building peace on a day-to-day basis." Professor Dr Ravish Nadim, a



young scholar doing her Ph.D in HR, Ms Fatima Gulshan, Director General of Senate Farzana Khan, students Musa Ahmed, Ayesha Imdad and Rabia Shakoor also shared their thoughts on peace and its importance in our lives.

First-ever cycling lane inaugurated in Islamabad

The first-ever cycling lane was formally inaugurated in Islamabad on Saturday with an aim to overcome environmental pollution by promoting cycling culture.



The cycling lane was formally inaugurated by Mayor Metropolitan Corporation Islamabad (MCI) and Chairman Capital Development Authority (CDA) Sheikh Anser Aziz here at the

Continued on page 4

Pakistan Youth Hostels new rates

In view of the provision of additional facilities (Wifi, UPS) the rates of Islamabad, Bhurban, Lahore and Peshawar have been revised with effect from 15th April, 2017.

1. Bunk Bed rates at Islamabad, Bhurban, **Lahore and Peshawar**

- Rs. 550/- including Breakfast a. Students b. Non-Student - Rs. 650/- including Breakfast

2. Executive Rooms rates at Islamabad, **Lahore and Peshawar**

a. With Twin Beds - Rs. 2500/- including Breakfasat b. Extra Mattress - Rs. 450/- including Breadfast

Rates at Bhurban Hostel

Farzana Khan also read out

UN Secretary General Ban Ki-

moon's message on the occa-

sion which says: Let's all work

together to help all human

beings achieve dignity and

equality; to build a greener planet; and to make sure no

Fatima Gulshan said peace is not only related with sustainable development it is also in sync with travelling, exploration and adventure. A healthy mind always work for peace and prefers it to continue his adventures, she said. Professor Ravish Nadim said sociopolitical contract between state and

society is important for the

cause of peace. In the end.

children read out poems. A

couple of lines of a poem go

as: "Enough of eagles and

birds of prey/Peace is here to

one is left behind.

a. Hut - Rs. 7500/- without Breakfast b. Executive Room - Rs. 3500/- without Breakfast

c. Extra Mattress - Rs. 350/- without Breakfast

4. Bunk Bed at Khanaspur

- Rs. 470/a. Student

b. Non-student - Rs. 570/-

Note: Accommodation rates at other hostels will remain same

Pakistan Youth Hostels Association celebrates World Tourism Day

Pakistan Youth Hostel Association (PYHA) in line with the United Nations World Tourism Day organized an event to celebrate the day and to raise

along with young children seniors and persons with other access require-ments still face obstacles in accessing fundamentals of travels such as clear

places. She thanked the Pakistan Youth Hostels Association

We need to generate awareness among the people, especially youth to discover these

and foreign, feel safe and secure while visiting this beautiful country. A delegation from

after the success of military

operation Zarb-e-Azab and

now tourists, both domestic

the Helping Hand Pakistan also participated in the seminar.

for organizing the event and

World Mountain Day

model for the Pakistani girls, said Fareha Yusuf.

CDA Tourism Officer Sadia Sarwat drew the audience's attention towards multiple benefits of mountains. They not only reduce the frequency and intensity of earthquakes they also boost fauna and flora and enhance forest cover. According to a study, over 720 million live over or in the mountains and a large portion of world tourism is based on mountain tourism. About Islamabad's Margalla Hills she said these are God's gift for the population of the federal capital and there are 5 to 7 tracks along these hills where people can climb to keep themselves fit and in good shape. Environment of the city also owes to these hills for its freshness and

pollution free outlook, she

said.



and reliable information, effi-

cient transportation and arranging such seminars and

youth representatives and boarders of the Youth Hostel attended the seminar.

awareness about tourism and

travailing among people, espe-

cially youth. A large number of

Speaking on the theme of the United Nations World Tourism Day 2016, Amna Imran Shami, an M. Phil scholar, said the UN Secretary General Ban Kimoon has declared the 2016 World Tourism Day

theme as "Tourism for all-promoting universal accessibility." she read Ban Ki-moon's message adding though almost 1.2 billion travel abroad each year yet 1 billion people around the world living with disability, environment that is easy to navigate.

On the occasion, a handicapped student Ali Haider narrated how he faced difficulty in movement. I would love to visit Quetta but it is not easy as I am on a wheel-chair, he said.

Sadia Sarwat CDA Tourism Officer said that Pakistan is blessed with tourism spots like deserts in Sindh and Bahawalpur, scenic sights in northern areas and historical buildings in Peshawar, Lahore and Quetta.

subjects. "This shows how important PYHA regards youth, especially those with some disabilities and wants to bring them in the mainstream youths," she said.

discussions on youth-related

Beaconhouse Islamabad's Students Counselor Fareha Yousaf, poet Asghar Abid, writer Wafa Chishti and Senate's Director General Farzana Khan also spoke on the occasion and highlighting importance of the day and pleasures of tourism. They had the consensus that Pakistan's declining tourism industry has received a boost